

Stop that Slice!

Slicing - I have been told many times by golfers that the reason they slice the ball is because they are stood wrong to the ball. This is complete baloney, the only thing that can influence the ball is the club head, as its the only thing that strikes the ball.



Assuming the golfer strikes the ball somewhere close to the centre of the club face, the direction the club head is swung and the club face angle at impact are the only other factors that can influence the direction that the ball takes. So if your slicing then the club face has to be facing right of your intended target line (right handed golfer RHG), the club path has some bearing on where the ball will start off but the club face at impact has the most influence and is the one thing to concentrate on if you wish to stop that dreaded Slice.

Now how do you get the club face square at impact?

I have found there are 3 main reasons for the club coming back to the ball open at impact.

- 1) Grip - One or both of your hands are in a 'weak' position, ie too much round to the left (RHG). Try moving them more to the right, it might feel uncomfortable to start with because you have been doing it wrong, but persevere and you should start to see the ball move with less curvature.

- 2) Tension - Tension is one of the main reasons that golfers slice, especially with a Driver. The club that most golfers want to hit the furthest often mean's that golfers try to hit the ball harder and tension through impact causes the natural release of the wrists and forearms to slow down, which leads to the club face being open at impact. Try to maintain loose forearms and wrists during the downswing and into impact.
- 3) Cupped Wrist - At the top of the backswing, a golfer may have a breakdown in the left wrist (RHG) that causes a 'cupping' action, this inadvertently 'opens' the club face from its original position at address. If this is not rectified on the downswing this will also lead to the club face being open at impact and that dreaded Slice.



If you still have troubles with that dreaded Slice, then contact me for a lesson to rectify it. Why not subscribe to my newsletter for more tips and advice to play better golf.



rodneyholtprofessionalgolfer

Website: www.rodneyholtgolf.com

Email: rodneyholt.golfpro@icloud.com

Tel: 07980993037